



Georgia Department of Education School Nutrition

Triennial Assessment Tool			
Date of Assessment: 5/28/21		Name of School District: Wilcox County	
		Number of Schools in District: 3	
Nutrition Education Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. State and local district health education curriculum standards and guidelines are followed daily	Completed	3	
2. Schools will be registered by United States Department of Agriculture (USDA) as Team Nutrition schools. As Team Nutrition schools, they will register and follow the guidelines of serving nutritious meals.	Completed	3	
3. Nutrition education will be administered to students in food-related lessons monthly and by the School Nutrition Program during the day and to staff and parents.	In Progress	3	
4. Nutrition education will be taught in all health-related subjects weekly to promote overall student health and well-being in all related subjects.	In Progress	3	
Nutrition Promotion Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Nutrition education will be a part of the entire school community with more opportunities offered to students and teachers to learn about My Plate guidelines and recommendations monthly.	In Progress	3	
2. Nutrition Education Posters and bulletin boards will be rotated monthly to expand the nutrition education being offered to students in the cafeteria	Completed	3	



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3. Nutrition education will be offered in the health, nutrition wellness, food for life, and food science classes and is coordinated between teachers and foodservice staff weekly/daily.	Completed	3	
4. The Nutrition Education program will meet State standards yearly.	Completed	3	
5. Nutrition education will teach students monthly the skills they need to adopt healthy eating behaviors.	Completed	3	
6. Nutrition education will be integrated into scheduled physical education, health, and nutrition wellness, food for life, and food science classes weekly.	Completed	3	
7. Nutrition education will be integrated into the core curriculum, including math, science, and language arts throughout the school year.	Not Completed	0	Lesson plans were not monitored to ensure completion.
8. Students are offered a variety of milk, including fat-free, low-fat, flavored and unflavored, on a daily basis.	Completed	3	
9. Students are offered a variety of meats/poultry, fresh fruits, vegetables, and whole grains on a daily basis.	Completed	3	
10. Farm to School and Georgia Grown initiatives and activities will be provided utilizing School Nutrition Program, Wilcox County Young Farmers, and CTAE/Agriculture Education programs.	Completed	3	
11. Students will participate in various activities to celebrate National School Breakfast Week, National School Lunch Week, and Farm Day.	Completed	3	

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12. A registered dietitian is consulted as needed for special diets and Individualized Education Plans on a case-by-case basis.	Completed	3	
13. Nutrition guidelines are established for a la carte, vending and other foods available on the school campus per Smart Snacks initiative.	Completed	3	
Physical Activity Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. All students have the opportunities necessary to meet the state mandate for physical activity through required and elective physical education daily.	Completed	3	
2. Teachers will be encouraged to provide supervised structured daily physical activity.	Completed	3	
3. Students are encouraged to be involved in physical activity in the community, school sponsored events, and extracurricular activities throughout the year.	Completed	3	
4. Recess cannot be used as a means of punishment or reward any time throughout the year. Promotion of recess time before lunch will be encouraged due to research indicating that physical activity prior to lunch can increase the nutrient intake and reduce food waste.	Completed	3	
Other School-Based Activities that Promote Student Wellness Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Farm to School: The school district will support the development of farm to school programs to help students eat more nutritious foods and promote healthier lifelong eating patterns, support the local economy and local	Completed	3	

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farmers, and teach students about the origins of their foods and how their food is grown. Nutrition education messages from the classroom will be modeled in the cafeteria and across campus by offering locally grown food whenever possible within the reimbursable federal meal program as well as extra sale items.			
2. Wellness activities, which include health services and safety & security processes, will be integrated across the entire school setting daily. Each local school must comply with health services and safety & security board policies.	Completed	3	
3. Georgia Grown – Students will be educated monthly on local producers representing our great state. By utilizing and educating students monthly about Georgia Grown	Completed	3	
Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:
1. All foods served in the school nutrition program meet regulations under the Child Nutrition Act and the Richard B. Russell National School Lunch Act.	Completed	3	
2. Foods and beverages available to students in cafeterias, in vending machines, concession stands, and school stores during the school day, do not include foods of Minimal Nutritional Value as defined by USDA.	Completed	3	
3. The Wilcox County Board of Education prohibits the sale of foods that do not meet the Smart Snacks guidelines during the school day	Completed	3	



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4. Food related fundraisers may not be sold in the cafeteria or in competition with school breakfast or lunch. The state will set a reasonable number of food fundraisers (30) per school that are out of compliance with USDA guidelines.	Completed	3	
Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e. classroom parties, foods given as reward).</i>	Status (select one):	Number of Compliant Schools:	Notes:
1. Parents will be encouraged to send foods for lunches, school celebrations, and school projects that make a positive contribution to children's health.	Completed	3	
2. Food provided, but not sold, to students during the school day should meet Smart Snacks in School nutrition standards. This includes classroom snacks/instructional use of food, snacks offered during student meetings during the school day, and student celebrations and recognition. Use of nonfood treats as a reward is encouraged.	Completed	3	
3. Unflavored drinking water is available to all students throughout the school day. Water fountains and/or water bottle refill stations will be available for students to get water throughout the day, including during snack and lunch periods.	Completed	3	
4. Students will not receive outside food deliveries.	Completed	3	
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:

1. Food and beverage marketing will allow marketing and advertising of only those foods and beverages that meet Smart Snacks nutrition standards by using approved, compliant Smart Snack literature from: <ul style="list-style-type: none"> • www.choosemyplate.gov • https://www.fns.usda.gov/cn/tools-schools • http://www.fns.usda.gov/sbp/marketing-ideas. 	Completed	3	
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Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. Wade Burnette	Wilcox County SN Director	
2. Gary Howell	Wilcox County Elementary Principal	
3. Chad Davis	Wilcox County Middle/High Principal	

Wellness Committee Involvement <i>List of committee members names</i>	Title and Organization	Notes:
4. Denise Greene	Wilcox Prek-12 School Lunchroom Manager	
5. Tara Conner	Wilcox County School Nurse/Elementary Parent	
6. Tim Conner	WCES Parent/WCMS and WCHS Assistant Principal	
7. Nathan Gibbs	Wilcox County Central Office Administrator	
8. Dale Garnto	Wilcox County Central Office Administrator	
9. Matthew Hall	Wilcox County School Social Worker	
10. Dori Terry	WCMS & WCHS Parent/Elementary Teacher	

Public Notification <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. http://www.wilcox.k12.ga.us/wp-content/uploads/2020/09/FY-2021-Wellness-Policy-PROPOSAL.pdf	Beginning of SY 21 School year	
2. Social Media (Facebook and One-Call) post for public solicitation.	9/17/21	

3. Superintendent's Cabinet Meetings	Monthly	
4. Superintendent's Mid Week e-mail Message	10-14-20	
5. Social Media (Facebook and One-Call) post for public solicitation. for Triennial Assessment	5/24/21	
6. Meeting with Wellness Policy Members for triennial assessment.	5/24/21	

Optional Summary Report of Triennial Assessment *(include a summary of the extent to which schools are in compliance with the wellness policy, the extent to which the wellness policy compares to model wellness policies, and a description of the progress made in attaining the goals of the wellness policy):*